



# Return to Rugby Club & School Game

## Phase 3 Guidance Mini & Youth Rugby (player aged 17 or younger)

It is everyone's responsibility to adhere to the Scottish Government guidelines on the Covid-19 pandemic. Rugby training and matches can only return when it is safe to do so. For now - STAY SAFE, PROTECT OTHERS and SAVE LIVES.

Scottish Rugby will communicate further guidelines in line with Scottish Government plans.

Everyone must follow Scottish Government guidelines at:

[GOV.SCOT](https://www.gov.scot)

Stay up to date on the latest Return to Rugby guidelines for the community game at:

[SCOTTISHRUGBY.ORG](https://www.scottishrugby.org)

# #AsOne

Live on Monday 13 July 2020  
(in line with Scottish Government Phase 2 roadmap)

STAY SAFE

PROTECT OTHERS

SAVE LIVES



Clubs are required to have a COVID-19 Safety Co-ordinator in place, and a full risk assessment carried out before pitches can open

### NO TRADITIONAL FULL CONTACT RUGBY ACTIVITIES OR GAMES

NO PVG  
=  
NO YOUTH  
COACHING



No close contact activities  
(e.g. tackle, scrum) permitted.

No on-field coaching or refereeing  
permitted by an adult.

Adults to maintain  
2m physical distancing at all times.

### MAX 10 PLAYERS PER 1/4 PITCH OR 15 PLAYERS PER 1/2 PITCH

(from unlimited households)  
- players aged 17 or younger



One handed, self  
refereed, mixed  
touch rugby  
permitted.

No direct running  
- players must  
attempt to evade.

Skills activities  
permitted.  
Players allocated  
into training  
'bubbles' in  
2yr age groups  
(where possible).

### OUTDOOR CATERING & INDOOR TOILETS

OPEN



All other Indoor  
facilities, inc.  
changing rooms  
to remain closed.

Indoor catering  
can open as of 15  
July.

Covid-19 Safety  
Coordinator in  
place before any  
activities can  
begin.

Check in / out  
process to aid  
contact tracing.

### EQUIPMENT SHARING IS PERMITTED



Equipment (inc. balls) should be  
cleaned/sanitised before and after use.



### NO CAR POOLING

Players must travel individually to  
training, unless they are from the  
same household.

### FOLLOW GOVERNMENT HYGIENE PROTOCOLS



No handshakes, spitting etc.

1 parent or guardian per child can stay  
to observe training  
(with physical distancing).

### NHS TEST AND PROTECT



If you, or any of your household  
have been showing Covid-19  
symptoms you should adhere to  
NHS Test and Protect.

[NHSINFORM.SCOT](https://www.nhs.uk/conditions/coronavirus/covid-19/testing)